

Post Treatment Instructions for Veneers

Today you have had your teeth prepared for the fabrication of artistically hand made porcelain veneers. The veneers that you left the office with are temporary. You will have these temporaries for about 4 weeks. These temporary veneers are made of a high quality acrylic resin. They serve two purposes. First they provide us with a “trial run” of what the final veneers will be like in your mouth in terms of size, shape and function. Although the color of these temporaries is natural and white, it is not the exact color we selected for your veneers when we are finished. Also, because of the material used, temporaries tend to feel thicker and rougher than natural teeth, even though they look natural to your friends and family. Your veneers will feel as smooth and thin as your natural teeth. Although temporary veneers appear separate and individual, you will find that they are all attached together when you try to floss. All of your individual teeth will be separate when we are finished with the veneers.

Sometimes patients have cold sensitivities with their temporaries. This is typically mild and final veneers will not have this problem. Most patients find that if they are mindful of cold drinks they have no problems. Some patients find the temporaries can crack. Please be mindful to not aggressively bite into things during this period. If your temporaries should break, call our office and we will determine with you if you need to be seen for a repair.

For the next few days your teeth may be tender. Over the counter ibuprofen or Tylenol is recommended as needed.

Home care is critical during this phase. You will be given a rubber tip instrument and mouth rinse. Please run the rubber tip along the gum line of the temporaries as you were shown and rinse with the mouth rinse two times per day. This will insure healthy gums when you return for the bonding of the final veneers, which is essential to a successful bond.

If you have any questions, please contact our office.